



Dishwasher Detergent

Ingredients

- 1 cup of Borax
- 1 cup of Washing Soda
- 1/2 cup of food-grade citric acid

Directions

1. Mix all ingredients together
2. Transfer to a covered container—I keep mine under the sink for easy access.
3. Use 1 Tbsp for a regular load, 2 Tbsp for a heavy load (think post-Thanksgiving disaster)
4. Add to your dishwasher's detergent compartment and run as usual.

Notes

- Double the recipe if you're a dishwashing pro—my family eats like it's their job, so I always do.

Bonus Tips (Wise & Wild Style)

- **Spot-Free Shine:** Fill the rinse compartment with distilled white vinegar for dishes that come out sparkling.
- **Breathe deep:** Take a nice cleansing breath (or 2 or 3)—inhale through the nose and exhale through the mouth with a sigh. Cleansing the inside is as important as cleansing the outside.

