RAM

Chase your dreams with grit, grace and purpose, one step at a time. Let this DREAM reminder spark your daily fire to live your legacy and inspire generations.

D

Decide What You Really Want ~ Pick a goal that lights you up.

- Tip: Re-evaluate often—chase what you want, not others' expectations.
- Tip: Believe you can do it. You're worth the win!

R

Realize Wishing Ain't Gonna Make It So ~ Positive believing, not wishing, moves mountains. Find your reason to believe and act.

• **Tip:** "I'm happy" means nothing without belief from your core. Focus, feel, and move—small steps count. (James 2:20: "Faith apart from deeds is dead!")

E

Engage Daily in Goal-Driven Actions ~ Do one thing daily to inch closer to your dream.

- **Tip:** Before deciding or acting, ask: "Will this move me toward my goal?" Choose wisely.
- **Tip:** Feeling like a failure? Play the "as-if" game—role-play as someone you admire, ask "What would they do?" and channel their confidence.



Accept Setbacks and Move On ~ Reset *now*, not tomorrow, and keep going.

• **Tip**: Don't judge, just ask, "I wonder, what as the reason this happened?" Listen to that inner knowing and prepare for next time. Learn, don't dwell, and be thankful you're not where you were.



Make It a Lifestyle Change ~ Find a *why* bigger than you—a reason that fuels you past the struggles and obstacles to your purpose.

• **Tip:** When you're doubting why, do your *Discover your Why* exercise to define, refine and make sure you're on the right path.

Dream Big, Leading Lady-Your Future Awaits

www.shariseparviz.com All Rights Reserved - Leading Lady Solutions - © 2025